

THE MENDED HEARTS, INC.
Cardiac Support Group
Chapter 296

Please join us at our monthly meeting and be part of this self-help organization for those who have had any heart problems.



June 21, 2016
Tuesday, 7-8:30 PM
Florida Hospital Altamonte - Family Resource Center
651 E. Altamonte Drive, Altamonte Springs, FL 32701

Directions: The Family Resource Center is located on the FH Altamonte Hospital campus. It is next to Dunkin Donuts. This is a free standing building near the hospital entrance, and parking is in the hospital parking lots.

Topic/Speaker: Music Therapy for Stress Relief. Chris Millett, M.M., MT-BC and Jaytee Tang, MT-BC from Florida Hospital Music Therapy Program will lead us through a stress reducing experience using music. They will describe how music therapy is used for many different types of medical issues. They will provide a short in-service on how Music Therapy can benefit you personally.

July 17, 2016 Mended Heart Anniversary Dinner
Sunday afternoon 4:30 PM Social Hour 5:30 PM Dinner
The Deer Run Country Club
300 Daneswood Way, Casselberry, Florida 32707

SAVE the Date

Reservations: Call Larry Sartori at 407-909-1269

Due to possible changes for future meetings **call** the contact person or check our local web site listed below to be assured that no change has occurred before coming to any meeting.

Call the National Office to locate a chapter near you if you don't live in the Central Florida area.

1-888-432-7899 or 214-206-9259-<http://www.mendedhearts.org>

Our **local** web address is www.mendedheartsorlando.org

2016 September meeting
2016 June Meeting

Contact Joanna Gerry - 321- 843-1093
Contact Eileen Krause - 407-342-3708