

**THE MENDED HEARTS, INC.**  
**Cardiac Support Group**  
**Chapter 296**

*Please join us at our monthly meeting and be part of this self-help organization for those who have had any heart problems.*



**May 16, 2017      Tuesday, 7-8:30 PM**  
**Diabetes Center Conference Room      5<sup>th</sup> Floor**  
**Florida Hospital Orlando Campus**  
**2415 N. Orange Ave.    Medical Offices Building**  
**Orlando, Fl. 32803**

**Parking:** Park in the **McRAE** Parking Garage accessed on Rollins Street. Park on 3<sup>rd</sup> Floor of garage if possible. At the elevators on the 3<sup>rd</sup> floor of the parking garage – turn left and go into the Medical Office building complex. Follow signs to 5<sup>th</sup> floor. Parking garage vouchers will be provided at the meeting.

**Speaker:** Larry Sartori, our Mended Heart Chapter 296 President will share features of how to plan and demonstrate how to cook a “Heart Healthy” meal. Enjoy a light supper meal afterwards, the “fruits of his labor” by tasting the foods he makes for you.

**June 20 , 2017**  
**Tuesday, 7-8:30 PM**  
**Orlando Health Heart Institute**  
**1222 S. Orange Ave.**  
**Orlando, Florida 32804**

**Directions:** Orlando Health Heart Institute (OHHI) is located in downtown Orlando on the corner of Orange Ave and Underwood across from the Cancer Center. The physical address is 1222 S. Orange Ave. The building is a five story glass building with a red banner across the top of the building that reads Heart Institute. You may park in the garage next to the Heart Institute and enter the building via the first floor where you may also valet park. Walk from the parking garage to the OHHI building located next to the garage, enter the building. Just follow the Mended Hearts signs in the building. Walk to the left of the Reception Desk and the classroom is on your left.

**Speaker: To be Determined.**

Due to possible changes for future meetings **call** the contact person or check our local web site listed below to be assured that no change has occurred before coming to any meeting.  
Call the National Office to locate a chapter near you if you don't live in the Central Florida area.

1-888-432-7899 or 214-206-9259-<http://www.mendedhearts.org>

Our **local** web address is [www.mendedheartsorlando.org](http://www.mendedheartsorlando.org)

2017 May meeting  
2017 June meeting

Contact Eileen Krause - 407-342-3708  
Contact Joanna Gerry - 321- 843-1093